



LETTER FROM THE EDITOR,

The flowers are in bloom, the days are longer, and the temperatures are rising. Spring is upon us! The neighborhood is coming back to life after what felt like an unusually brutal winter (at least by North Carolina standards). Joggers are getting out of the gym and onto the nature path, the tennis courts are abuzz with activity and golfers are dusting off their clubs and hitting the links.

And while Moms of Wakefield definitely did not slow down during the colder months, its members will be thrilled with this month's outdoor plans (and indoor ones, too).

In this issue, you will find a letter from MOW President Chris Merrin, event recaps and information about a lot of fun events planned this month. We also encourage you to visit our Web site, momsofwakefield.com, for more up-to-date information.

Wishing each and every one of you much warmth and joy this month,

Radi Bombard, Newsletter Editor



LETTER FROM THE PRESIDENT:

Dear Moms,

I can't believe that Spring is finally here, but what's even more hard to believe is that we are approaching the end of our calendar year for MOW before we take a break for the Summer. However, our job is not finished so we are still working hard to plan more activities and events for you to enjoy.

On Tuesday, February 2nd, we had a general membership meeting at The Villages clubhouse. We brainstormed ways to encourage members to become more involved in club activities so they can connect with other moms. I would like to thank all of the members who attended this event. With your help, we came up with many ideas that we will try to implement this Spring.

One of the ideas that was stressed is that we are a moms group, so the majority of our events should be for moms, not children. Yes, we all love the family holiday events, and those are the most highly attended, but we are finding that as members' children get too old for these events, most moms decide not to rejoin. They think the club is just for moms who have young children, but we want to get rid of this image. This Spring, we are working to plan more events for moms.

One way to do this is to create some small interest groups that any member can initiate. If you have a hobby or interest and would like to find other moms in the group who share the same hobby or interest, you can start a group. I know that I will soon be starting up a scrapbooking group, and Diana Polimine would like to start an evening walking group. Other ideas are BUNCO, book club, wine tasting, cooking, and movies. If you would like to start a group, please send an invitation for your first meeting to momsofwakefield@yahoo.com, and we will distribute it to the members. You also can plan an impromptu Moms' Night Out this way.

For those of you who were not able to share your ideas at our meeting, you are always welcome to e-mail us with your ideas at the above Yahoo address. In addition, we have board meetings every month on a Sunday at 8 p.m., and you are welcome to come. Check our Web site calendar for the dates of the meetings, and if you would like to attend, please e-mail us at the Yahoo address so we know how many seats to reserve at the restaurant.

Finally, it's time for us to start recruiting board members for the 2010/2011 year. We have many positions open, so please think about whether or not you would like to get more involved. It's a great way to meet more moms in the group.

Sincerely,

Chris Merrin

CALLING ALL VOLUNTEERS!!!

The time has come to think about volunteering for next year's Board of Directors! We have several positions open, so if you think you would like to get more involved, please contact us. It's a great way to get to know your fellow members.

If you would like to be nominated, or would like to nominate someone else, please contact a member of our Nominating Committee: Chris Merrin, Lisa Marchetta, or Shana Lentz.

PHILANTHROPY

The MOW-sponsored egg hunt at the Masonic Home was a good time for the children of the Home, as well as for a few MOW members and their children. We hid 650 eggs, including some golden eggs that resulted in some great prizes for the Masonic children. This was the first year MOW has sponsored this event, and it went very well. Thank you to the moms, their spouses, and their children that helped us hide the eggs!



Exciting New Community Service Project Coming in April

Mark your calendars! On **Sunday, April 18, at 2:30pm** we will be having a Build-A-Bear party at the Crabtree Build-A-Bear Workshop. We are partnering with the UNC student group Operation Building Courage. This organization provides personalized teddy bears to children at UNC Hospitals and other local facilities that serve children in need. The bears we are making will be going to The Family Violence Prevention Center of Orange County. These bears will be a source of comfort for children who are escaping from domestic violence with their mothers.

We want our children to be involved in helping other children that are in very difficult family situations, and we want them to be involved in the whole cycle, beginning with fundraising. The “Coins for Courage” campaign kicked off at the MOW Easter Egg Hunt on March 27. Donations will continue to be accepted at all playgroup events leading up to the bear building party.

Please tell your children about this upcoming project and encourage them to get involved by making a small donation to help these kids in need.

Our goal is to build 10 bears for the children at The Family Violence Prevention Center.

Please note that we are limiting participation at the bear building party on April 18 to school aged children (kindergarten and up). We feel this is the age they can fully understand the purpose of the event. Look for an Evite in your inbox soon.

We are very excited about this new project! We hope you can help us make it a success by encouraging your children to participate in the “Coins for Courage” fundraising campaign and the bear building party on April 18.

EVENT RECAPS

February

On February 4th, we had a playdate at Kazoom Puppet Theater. As always, Kazoom was a hit with the kids (and moms) in attendance. They focused on the story of Cinderella, and the kids loved it. I'm not sure what they enjoyed more: the bubbles or the noodle dance.

Thank you Neely for opening up your house and providing snacks and drinks for the after-school play event on the 8th. We had a nice turnout, and the kids totally had a blast. The moms were able to just sit and chat because the kids were all being so well-behaved and entertained!

On the 11th, the moms met at Chuck E. Cheese when they opened. It was just the MOW families for about 2 hours before someone else came! It was wonderful! The kids were able to do what they wanted and had an amazing time! Some moms even stayed for lunch and ordered pizza. (yum!).

The Potty Party House Play was held on the 16th. Tara opened up her home for this play date with the theme of Potty training. Huggies Pull-ups sponsored the event, and they provided coupons and goodie bags for each guest, as well as one of their "potty dance" dance mats. The kids enjoyed playing, and the moms swapped some potty-training success and failure stories.

The 18th was a gorgeous day so an impromptu play date was planned. It was the biggest play event turnout yet! We had so many kids at the Villages playground - probably just under 30 kids!

We met at the Triangle Town playground on the 19th and let the kids get some energy out before heading to Barnes & Noble for story-time and snack. Afterward, a few moms went to the food court to grab lunch together.

On February 20th, we had about five couples and five ladies attend the Adult Social Wine Tasting at Wine 101. We were able to taste two red and two white wines and two imported beers. We had a great time, and then a few members headed to Shuckers for drinks.

The morning Dove Chocolate party on the 25th was at Tara's house. The kids played, and we all sampled some yummy chocolate.

On the evening of the 25th, we had a girl's night out for half-priced entrees and martinis at Twisted Fork. We had great food, drinks and got to meet new members. We all agreed it was a great night to get out of the house and our daily routine at home. We will plan another Mom's Night Out in April and hope to see many of you!

On the 28th, the moms only Dove party went well. There were 12 moms and chocolate. How could it go wrong? Tara thanks all who came to both parties and hopes everyone had fun.

March

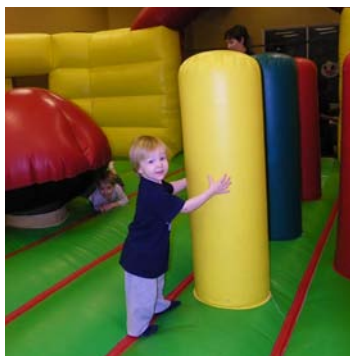
We all met at Chick-Fil-A in Wake Forest on the 1st for some morning chat and play. The kids didn't eat much as always, but they played so the moms could chat.

We tried an early release lunch/snack at Spinner's on the 10th. While not many moms came, it was so much fun, and the kids enjoyed their food and especially the ice cream. They thought they were so cool sitting at the ice cream bar by themselves!

We had 5 members attend American Idol Night at TPC Tavern on the 17th. We enjoyed some good conversation and watched the next contestant get voted off.

On the 19th, we went to Jumpin' Beans and had a great time.

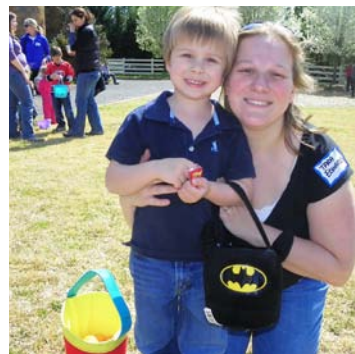
Thank you so much Shana for opening up your house on the 24th for a playdate, and for all those yummy goodies you had (and to Colleen for baking them for Shana). We had a GREAT turnout! The kids played nicely with virtually no fighting, and the moms got to talk.



Spring Egg Hunt

This year's Spring Egg Hunt was held at the Wakefield Barn. It was a gorgeous day – just perfect for an egg hunt: the sun was shining, and there was a slight breeze to the air.

As the families arrived, the kids were all grasping tightly to their baskets and on the hunt for the prize eggs. The hunt was separated into three different age groups, and the times for the hunts were staggered. Having the staggered start times was probably helpful for some parents like myself, but it did make the children a little antsy to have their turn. They all waited very patiently, and when it was their turn, they knew exactly which eggs they were going after.



Along with hunting for their 12 candy-filled eggs, they were all on the hunt for the prize eggs. The 0-3 year olds hunted cute Elmo bunny eggs. The 4-7 year olds had to find carrot eggs, and the 8-11 year olds were searching hard to find those priceless golden eggs. Anyone who found a prize egg was able to come to the prize table and pick out a special prize for his or her age group. It was so exciting watching all the kids search high and low to find those prize eggs. We even had a member whose daughter finally found a golden egg for the first time ever. Boy, was she excited!

Along with the egg hunt, Ms. Mary Schilling – owner of the Wakefield Barn, was giving guided tours of the historic barn. What an interesting place! She has put in so much work to renovate the beautiful barn. It's an original from the 1930s, and the history that fills the walls just takes over; you can feel the love and warmth that it brings to this community.

There are a few people that deserve a big "Thank you":

To Food Lion, Gretchen Goodwin, and Colleen Gross, thank you for donating some of the awesome prizes for the kids.

To all the volunteers who helped set up and take down, thank you so much. It was a success because of you.

To all the families who came out to enjoy such a wonderful event and for donating the eggs, thank you for helping make this event one of our best ever. We hope you and your family enjoyed it as much as ours did.

To Ms. Mary Schilling, thank you from the bottom of our hearts for opening your beautiful barn and property. We all thoroughly enjoyed the afternoon, especially the tour to see all the love and hard work that you have put in to make Wakefield Barn the priceless landmark that it is today.

UPCOMING EVENTS

April 6

Adults-Only Game Night

The Villages Clubhouse

7 p.m.

Please bring a snack to share, BYOB and your favorite game.

April 12

Playdate

Honeycutt Park

10 a.m. – noon

April 16

Playdate

Triangle Town Centre

9:15 a.m.

April 20

Playdate

Baileywick Park

1 -3 p.m.

April 22

Playdate

Chic-Fil-A

10 a.m. – noon

April 26

Playdate

Villages Playground

4 – 6 p.m.

April 28

Playdate

Greystone Recreation

10 a.m. – noon

MARCH BIRTHDAYS

Happy Birthday to:

Lisa Bambridge
Rhonda Cassidy
Susan Geary
Alice Hansen
Ileana Marks
Amrita Patel
Diana Polimine
Phyllis Thomson
Mare White



APRIL BIRTHDAYS

Happy Birthday to:

Ann Marie Adams
Maria Gagnon
Mary Beth King
Jennifer Polson
Tiffanie Walker

WELCOME NEW MEMBERS

Lisa Bambridge
Janet Critelli
Lanni Hatfield
Tiffanie Walker
Jill Wood

*Congratulations to MOW member Amrita Patel
on the birth of baby Sean April 4th at 6:43am and
weighing 8 pounds 2 ounces!*



ADVERTISEMENT

Please check out these local businesses that are so generously supporting our group and don't forget to use their services! Please be sure let them know you heard about them through the Moms of Wakefield so we can look forward to their continued support in the future!

Bustillo's Landscaping

THE GRASS SHOULD ALWAYS BE GREENER IN YOUR BACKYARD.

Make your neighbors GREEN WITH ENVY! You can depend on us for all of your landscaping needs. **Bustillo's Landscaping** is a reliable, qualified, family owned and operated company. We offer full service contracts that include but not limited to:

- Mowing
- Trimming
- Edging
- Blowing
- Seeding
- Fertilizing
- Aerating
- Flower Bed Maintenance
- as well as Fall and Spring Cleanup.

FREE ESTIMATES

Office: 919-761-8651
Cell: 516-236-0507

* Licensed and Insured

We also Do Sod, Mulch and Pine straw.

We are Licensed and insured family owned and operated

Contact Us:

Call today for a free estimate!
Bustillo's Landscaping
lbustillo@nc.rr.com
Fredy Bustillo (Owner)
Office: 919-761-8651 / Cell: 516-236-0507

RDU TENNIS

RDUTennis, LLC: 919 395 7329

Save 10% Today (mention moms of wakefield)

RDUTennis, LLC is a tennis management service that offers year round camps and clinics to both juniors and adults. We operate from as far east as Wallace, NC to out west in Beech Mtn, NC. We have some great Wake Forest and N Raleigh locations for folks to take advantage of affordable tennis services.

Visit <http://www.rdutennis.net> to learn more about RDUTennis and our programming.

Owner Brian Rosenthal can be reached at 919 395 7329 or brian@rdutennis.net



Taylor Academy of
DANCE

Ballet • Tap • Jazz • Modern



Taylor Academy of Dance is dedicated to creating superb dancers!

**ALL 5 CLASSES
FOR ONLY**

\$37.50

Taylor Academy of Dance is now offering our First Steps class on Saturday mornings from 8:45 - 9:15. This 1/2 hour class is designed for children between 2 and 3 years in age. The 5 classes listed below will cost a total of \$37.50.

First Steps students, assisted by their parent, learn basic movement and coordination skills. We will do a warm-up, followed by some very introductory dance steps, followed by a rhythm section for counting music.

919.556.2332

Visit Taylor Dance Academy Online at: <http://www.tayloracademy.com>

Taylor Academy of Dance is dedicated to creating superb dancers in a professional dance setting. At Taylor Academy of Dance, we offer a diverse program for all students, age 2 to adult, in ballet, pointe, variations, partnering, jazz, tap, modern and pre-ballet. Whether you are studying for the sheer joy of dance or wish to become a professional, Taylor Academy of Dance is the studio for you.

Miss Jill Taylor has been teaching for over 15 years and holds a B.F.A from Butler University, where she received High Honors in Dance Performance. She also holds her M.F.A. in Dance from The Boston Conservatory. Miss Taylor later went on to dance professionally for Jose Mateo's Ballet Theatre of Boston and The Boston Dance Company. Miss Taylor has also appeared as a guest artist for Ballet South, in NJ, where she performed the title role of the Sugar Plum Fairy in the Nutcracker.



the
lemon tree

The Lemon Tree: (919) 521-5806

The Lemon Tree features products that are locally handmade and designed. These 'one-of-a-kind' items vary from jewelry and hand painted glassware to customizable children's clothing. We also provide on-site embroidery services.

(919) 521-5806
113 S. White Street
Downtown Wake Forest



ADVERTISEMENT



Spinner's Grill

14460 New Falls of Neuse Road
Raleigh, NC 27614
(919) 453-1100 (Wakefield Commons)



NOW Open for Breakfast Saturday and Sunday from 8:00am to 11:00am - Special Lunch Menu - Daily Specials



Print This Coupon



KIDS EAT FREE

EVERY TUESDAY w/ Purchase of Adult Meal

10% OFF ANYTIME

not to be combined with any other offer

Spinner's Grill: (919) 453-1100

NEW: High School Student Lunch Menu And Chicken & Pasta section!
At Spinner's Grill we work very hard to make sure that you get great food at a great price in a great environment. From our huge burgers and our old fashioned ice cream bar to our down memory lane decor, we provide a family friendly atmosphere and a menu that every one is sure to enjoy.

Visit <http://www.spinnersgrill.us> to learn more about spinners Grill.

14460 New Falls of Neuse Road
Raleigh, NC 27614

Open Sunday thru Thursday from 11:00am to 9:00pm
Friday and Saturday 11:00am to 10:00pm
NOW Open for Breakfast Saturday and Sunday from 8:00am to 11:00am

SOLUTIONS
Ameritone



SAVE 10%

Mention 'Moms of Wakefield'

Call 877-819-9393

Ameritone Solutions specializes in:
Professional web design
Search engine optimization
Marketing
E-Commerce solutions
Website maintenance

Website: www.ameritonesolutions.com



Print This Coupon



ADVERTISEMENT



THREE ALARM FIRE CO.

CELEBRATION • EDUCATION • PREVENTION

Moms of Wakefield members receive an additional 20 miles included in our base package prices- Tim (919) 358-4651!

Three Alarm Fire Company brings fire prevention, education and fun to your event by arriving on scene in an antique fire engine. Three Alarm Fire Company responds throughout the Triangle, and is locally owned and operated by a third generation firefighter. **Our fire engines will make your next celebration a one-of-a-kind event!**

Three Alarm Fire Company responds to the following emergency celebrations:

- Birthday parties for all ages
- Weddings
- Neighborhood parties
- Business promotions
- Parades
- Special occasions
- And more

Three Alarm offers different packages depending on your event and we can customize everything to fit your exact needs. Contact us today to see how we can make your event the best Three Alarm event in town.

Three Alarm Fire Company, LLC

P.O. Box 80551
Raleigh, NC 27623
(919) 358-4651

tim@threealarmfirecompany.com | www.threealarmfirecompany.com

CAN'T WAIT TO FEEL BETTER?

REX EXPRESS CARE WAIT TIMES

| | |
|------------|------------|
| CARY | 30 MINUTES |
| WAKEFIELD | 15 MINUTES |
| KNIGHTDALE | 20 MINUTES |

Urgent care wait times now
online at rexhealth.com



UNC HEALTH CARE

Open daily
9 a.m. to 8 p.m.

Rex Express Care of Wakefield

Northwest corner of Capital
Boulevard and New Falls of Neuse
(919) 570-7660

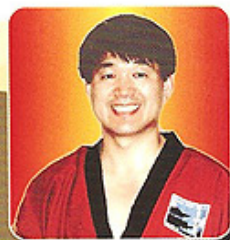


Print This Coupon Moms of Wakefield www.BlackBeltWorld.com

Celebrate the **GRAND OPENING** of the **BBW World Headquarters!**



Since 1986



Grandmaster Jun Lee
8th Degree Black Belt
Founder and President

TEACHING PRINCIPLES

1. I will be loyal to my country
2. I will honor my parents
3. I will love my family and cooperate with them
4. I will be faithful to my friends
5. I will respect my elders and care for my juniors
6. I will establish positive relationship with my teachers
7. I will treat all living things with care
8. I will never seek advantage of those who are weaker
9. I will only use Tae Kwon-Do to benefit myself and others
10. I will always finish what I start

"A Black Belt is Earned, Not Purchased"

New Headquarters

Knightdale
919.217.1555

300 Black Belt World Dr.
(Smithfield & Hwy 64 business,
behind McDonald's)

North Raleigh
919.878.0111

2821 Spring Forest Rd.

West Raleigh
919.571.1234

6010 Duraleigh Rd.

Wakeforest
919.569.0333

12400 Wake Union Church Rd.

Rolesville
919.570.1034

411-G S. Main St.

www.BlackBeltWorld.com



GRAND OPENING SPECIAL

ONLY

~~\$179~~
value

\$49.95

4 WEEKS + FREE UNIFORM!

for **FIRST 200 STUDENTS ONLY** (VALID AT ALL LOCATIONS)

PHOENIX



ADVERTISEMENT



GALLIGAN
FAMILY DENTISTRY

Ryan C. Galligan, DDS



Giving Your Family More Reasons To Smile

919- 562-5433 Welcoming New Patients

- Cutting-edge technology and practices
- Emphasis on prevention, early detection, and minimal invasion
- Dedicated to making your dental experience relaxing and comfortable
- We treat patients of all ages, we love kids!
- We accept and file most dental insurance
- Interest-free financing available for your convenience



At Galligan Family Dentistry, our staff is dedicated to making your dental experiences as comfortable as possible. Led by Dr. Ryan Galligan, DDS, our practice provides a relaxing environment for visitors of any age - from children to retirees. And from the moment you step into our office to the moment you leave, you'll be treated like family.

Galligan Family Dentistry best serves the Wake Forest, Wakefield, North Raleigh, Youngsville, and Rolesville communities by offering attentive care with ample time to establish rapport, build trust, and discuss all your oral care concerns.

Visit us on the web: <http://www.galliganfamilydentistry.com/>

**11081 Forest Pines Drive, Suite 104
Raleigh, NC 27614 • Located in Wakefield**



Sitter Connection

Connecting Families With Sitters

FREE One-time Placement with the purchase of an Annual Membership OR \$50 off a Weekly Placement

Call: 919.412.7499



Sitter Connection Babysitter Referral Service

"Sitter Connection is a local babysitter referral service which aims to "connect families with sitters" in the Wake County area. All sitters are at least 18 years old and have been through an application process, reference checks, background check and in-person interview. Sitter Connection can help with one-time, weekly, and group sitting needs. In addition, we also provide unique membership options. Check out www.sitterconnection.net for more information.

Sitter Connection Babysitter Referral Service
"Connecting Families with Sitters"
www.sitterconnection.net
sitterconnection@gmail.com
919.412.7499

Sitter Connection

Connecting Families with Sitters

Serving Apex, Cary, Raleigh, and Wilmington

Amanda Bordeaux, Founder and Owner

PO Box 12434

Raleigh, NC 27605

919.412.7499

910.274.1943

sitterconnection@gmail.com



www.sitterconnection.net